



Central Coast Community Women's Health Centre

Invites you to our

## INTERNATIONAL WOMEN'S DAY CELEBRATION 2019

This year the theme for International Women's Day is "Balance for Better".

Please join us for a celebratory lunch and sharing of stories and insights on how CCCWHC is supporting women and our community to achieve #balanceforbetter.

### Speakers Include:

**Robyn Reid: Acknowledgement of Country**

**MC: Theresa Mason CCCWHC CEO**

**Debbie Notara - CCCWHC Chairperson**

**Dr Colette Hourigan - CCCWHC Women's Health General Practitioner**

**Julie Darge - CCCWHC Women's Counsellor and Group Facilitator**

**Kathy Karimodini - CCCWHC Volunteer and NSW TAFE Student of the Year**

We will then serve a light lunch where we can have a chat

**When: Tuesday 5th March 2019**

**Time: 10am to 12 noon for speakers from 12 noon light lunch served**

**Where: Central Coast Community Women's Health Centre**

**37 Maidens Brush Rd Wyoming**

**Contact: Kate 43372202 to RSVP for Catering purposes**

**Or email [intake@cccwhc.com.au](mailto:intake@cccwhc.com.au)**

**This event is FREE; Bookings Essential; Sorry No Childcare available**



**International Women's Day**